

FEVERSHAM FIRST STEPS MENU

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK
AM SNACK	FRESH FRUIT/VEG & RICECAKES ALLERGENS:MILK / SESAME SEEDS / SOYA	FRESH FRUIT/VEG & CRACKERS ALLERGENS:WHEAT	FRESH FRUIT/VEG & BREADSTICKS ALLERGENS:WHEAT / BARLEY	FRESH FRUIT/VEG & BAGELS ALLERGENS:WHEAT	FRESH FRUIT/VEG & YOGHURT ALLERGENS:MILK
LUNCH	CHICKEN KORMA WITH RICE. ALLERGENS. MILK / SESAME / MUSTARD.	MACARONI CHEESE SERVED WITH NEW POTATOES AND SWEETCORN. ALLERGENS.WHEAT /MILK/ MAY CONTAIN MUSTARD.	FISH FINGERS SERVED WITH NEW POTATOES AND SIDE SALAD. ALLERGENS. CONTAINS FISH.	CHICKEN PASTA BAKE SERVED WITH FRESH SALAD. ALLERGENS. MILK / WHEAT.	MARGARITA PIZZA SERVED WITH FRIES AND BAKED BEANS. ALLERGENS. WHEAT / MILK
DESSERT	ICED BUN WITH RAINBOW TOPPING ALLERGENS:MILK / EGG / WHEAT	ICECREAM ALLERGENS:MILK	RICE CRISPY BUN ALLERGENS:WHEAT	CHOCOLATE BUN ALLERGENS:MILK / EGG	RICE PUDDING WITH MIXED FRUIT JAM ALLERGENS:MILK / CERTAIN FRUITS
PM SNACK	FRESH FRUIT/VEG & BAGELS ALLERGENS:WHEAT	FRESH FRUIT/VEG & YOGHURT ALLERGENS:MILK	FRESH FRUIT/VEG & RICECAKES ALLERGENS:MILK / SESAME SEEDS / SOYA	FRESH FRUIT/VEG & BREADSTICKS ALLERGENS:WHEAT / BARLEY	FRESH FRUIT/VEG & CRACKERS ALLERGENS:WHEAT
LIGHT TEA	CHEESE & ONION QUICHE WITH CARROT STICKS ALLERGENS:WHEAT / EGG / MILK	CREAM OF TOMATO SOUP & TOAST ALLERGENS:WHEAT / SOYA	CRACKERS AND CHEESE SERVED WITH CHERRY TOMATOES ALLERGENS: WHEAT/MILK	MARGHARITTA PIZZA & CUCUMBER ALLERGENS:MILK / WHEAT	BOILED EGG AND SOLDIERS ALLERGENS: EGG/WHEAT/MILK



PLEASE NOTE: MENUS MAY VARY FROM TIME TO TIME

- ALTERNATIVES WILL BE SERVED FOR CHILDREN WITH ALLERGIES
- CRACKERS WILL BE SERVED WITH BUTTER
- DIFFERENT VARIETIES OF FRESH FRUIT SERVED EACH DAY
- BREADSTICKS WILL BE SERVED WITH A CHOICE OF DIPS
- EGGS MAY BE BOILED OR SCRAMBLED