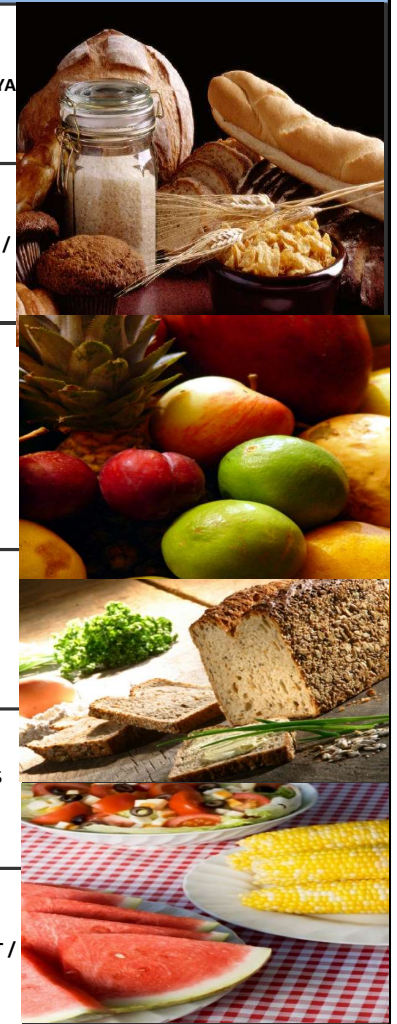


# FEVERSHAM FIRST STEPS MENU

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK	CEREAL / TOAST / CRUMPETS ALLERGENS:WHEAT / BARLEY / SOYA / MILK
<b>AM SNACK</b>	FRESH FRUIT/VEG & CRACKERS ALLERGENS:WHEAT	FRESH FRUIT/VEG & YOGHURT ALLERGENS:NONE	FRESH FRUIT/VEG & TOASTED FRUIT TEACAKE ALLERGENS:WHEAT/ MILK/EGG	FRESH FRUIT/VEG & BREADSTICKS ALLERGENS:WHEAT / BARLEY	FRESH FRUIT/VEG & RICECAKES ALLERGENS:SESAME SEEDS / MILK / SOYA
<b>LUNCH</b>	TUNA PASTA BAKE WITH MIXED SALAD. ALLERGENS. FISH / WHEAT	VEGE SAUSAGE WITH YORKSHIRE PUDDING SERVED WITH CREAMED POTATOES CARROTS AND GRAVY. ALLERGENS. MILK / SOYA / WHEAT / EGG	BEEFBURGER IN A SEEDED BUN served with seasoned curly fries and baked beans. ALLERGENS. WHEAT	COTTAGE PIE SERVED WITH BABY CARROTS. Savoury minced beef filling smothered in gravy topped with mashed potato. ALLERGENS. MILK	BATTERED COD Served with fries, baked beans ALLERGENS. FISH
<b>DESSERT</b>	STRAWBERRY MOUSE ALLERGENS:MILK / STRAWBERRIES	JELLY ALLERGENS:NONE	HOMEMADE FRUITY FLAPJACK ALLERGENS:NONE	RICE CRISPY BUN ALLERGENS:NONE	HOME MADE COOKIES ALLERGENS:WHEAT
<b>PM SNACK</b>	FRESH FRUIT/VEG & SCONES ALLERGENS:WHEAT/ MILK/EGG	FRESH FRUIT/VEG & RICECAKES ALLERGENS:SESAME SEEDS / MILK / SOYA	FRESH FRUIT/VEG & CRACKERS ALLERGENS:WHEAT	FRESH FRUIT/VEG & YOGHURT ALLERGENS:MILK	FRESH FRUIT/VEG & BREADSTICKS ALLERGENS:WHEAT / BARLEY
<b>LIGHT TEA</b>	MAGHARITTA PIZZA & BEANS ALLERGENS:MILK / WHEAT	CHEESE SANDWICH & CUCUMBER ALLERGENS:WHEAT / MILK / SOYA	CHEESE & ONION ROLLS & CHERRY TOMATOES ALLERGENS:MILK / WHEAT / EGG / MUSTARD	FISH FINGERS & SPAGHETTI HOOPS ALLERGENS:FISH / WHEAT	EGG NOODLES WITH MIXED VEGETABLES ALLERGENS:WHEAT / MILK / EGG



**PLEASE NOTE: MENUS MAY VARY FROM TIME TO TIME**

- ALTERNATIVES WILL BE SERVED FOR CHILDREN WITH ALLERGIES
- CRACKERS WILL BE SERVED WITH BUTTER
- DIFFERENT VARIETIES OF FRESH FRUIT OR VEGETABLESERVED EACH DAY
- BREADSTICKS WILL BE SERVED WITH A CHOICE OF DIPS
- EGGS MAYBE BOILED OR SCRAMBLED